

Year 11 & 12 Session Content: Building connected relationships in an online world

Goal: Healthy identity and healthy relationships

Session One: HEALTHY IDENTITY (main presentation)

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| Key Issue | Understanding healthy identity in the midst of hypersexualisation and objectification. | Outcomes 1. Educate and inform students about the impacts and effects of pornography (and other cultural influencers) on their understanding of self and others. 2. Equip students to respond proactively and protectively to this issue. |
| Behaviours Addressed | Sexual harassment & assault (online and offline). | |
| Key Questions | <ul style="list-style-type: none"> - What do the cultural voices of pornography and social media say about identity? - What is healthy identity? How do I want to be remembered? - How do I deal with sexual harassment and assault? | |

Session Two: HEALTHY RELATIONSHIPS

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| Key Issue | Understanding healthy relationships in a porn rich culture. | Outcomes 1. Educate and inform students about the impacts and effects of pornography and other cultural influences on their understanding of relationships. 2. Equip students to respond, and build caring, and sustainable relationship. |
| Behaviours Addressed | False expectations, reduced empathy & performance management (online & offline). Sexting. | |
| Key Questions | <ul style="list-style-type: none"> - What does Porn culture teach us about the 'norms' and value of relationships? - What do real and healthy relationships look like? What do they involve? (Powerful, honest, practical communication skills). - Facts about sexting. | |

Session Three: HEALTHY RELATIONSHIPS & SEX

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| Key Issue | Understanding healthy, happy relationships, and sex. | <p>Outcomes</p> <ol style="list-style-type: none"> 1. Educate and inform students about the impacts and effects of pornography and other cultural influences on their understanding of relationships. 2. Equip students to respond, and build caring, and sustainable relationship. |
| Behaviours Addressed | <p>Lack of consent and increased coercion & sexual harassment / assault (online and offline).</p> <p>Sexual predatory behaviours.</p> | |
| Key Questions | <ul style="list-style-type: none"> - What does porn culture teach us about sex and sexual relationships? - What are the problems raised by this? - Happy, Healthy sex? - More than just consent. | |