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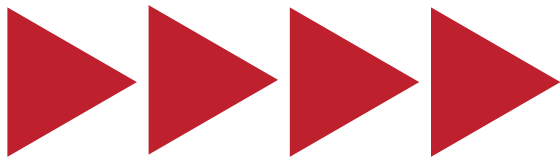
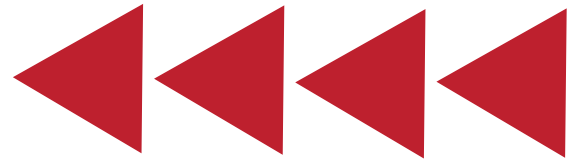
Youth Wellbeing Project supports schools and communities with holistic education to counteract the hypersexualised messages of porn culture. Our aim is to prevent sexual harms, enhance children and young people's social and emotional relationships, and fortify youth within a hypersexualised culture.



YOUTH WELLBEING
PROJECT

PURPOSE

This guidance provides a summary of the main Proactive and Protective Responses presented in our Professional Development Workshop.



BE PERSONALLY PROACTIVE

- ☆ Be willing to deal with your own opinions, responses, fears and experiences with pornography and concerning sexualised behaviours.
- ☆ Create a 'self care' plan - what will YOU do for YOU when someone comes to tell you of these issues? Who can YOU talk to if an issue feels 'over your head'?

BE PROACTIVE AS A SCHOOL COMMUNITY

- ☆ Education and training - educate, equip and empower yourself, parents and young people on this issue, and how to respond.
- ☆ Plan for disclosures - how will you and your team respond to disclosures? Who needs to be informed? How will you care for those displaying problematic, harmful or compulsive sexual behaviours?
- ☆ Establish a line of referral for you and your team.

RESPOND PROTECTIVELY

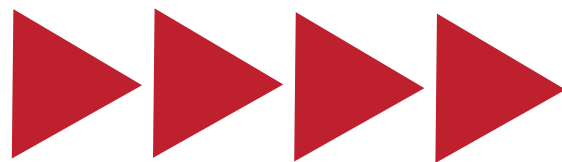
- ☆ Have lots of conversations before issues arise (early and often).
- ☆ Inform, equip and partner with parents.
- ☆ Adequate policies, procedures and referral pathways.
- ☆ Digital Child Protection Buffers.
- ☆ Be aware of the resources available to support students.

RESPONDING TO DISCLOSURES

Responding to disclosures of compulsive consumption or problematic thoughts/behaviours will look different in every context. But there are some fundamental PRINCIPLES to hold to when developing your response plan.

- ★ **COMPASSION & CONCERN:** Always respond, regardless of the nature of the disclosure with compassion and genuine concern, the same way that you would to a disclosure of sexual abuse. NEVER blame, shame or disgrace someone.
- ★ This IS a serious issue, with serious concerns. Do not 'brush off' the severity of it. But ensure the person knows and feels loved and accepted for who they are.
- ★ Monitor students' emotions and behaviours after the disclosure.
- ★ It is NEVER a student's fault their partner is using pornography.

OPENING THE CONVERSATION



POSSIBILITIES WITHIN CURRENT PROGRAMS

SCIENCE

- When studying the brain, addiction/addictive behaviours
- When learning about the body in puberty

HPE

- In studies on puberty, relationships, mental health or cyber safety

IT

- In conversations about safe use of IT/internet
- When studying what software creators do to create interest and 'buy in'

ENGLISH & DRAMA

- In studies on positioning in text, critical analysis of text (especially advertising)
- When exploring current social issues/persuasive speeches/performances

ARTS & HISTORY

- How art has conveyed sex and sexuality throughout history
- Sexualisation in music/film & TV
- Impact of pornography on modern history, ideologies about sex, family & body

FURTHER LEARNING AND RESOURCES

Find resources, videos, curriculum and support links for educators and wellbeing staff to address pornography and its impacts at youthwellbeingproject.com.au/pd-support

To request a presentation or lesson plans that align with the Australian National Curriculum, ask your Head of Department to contact the Youth Wellbeing Project team for support.