

7 PRINCIPLES OF WHOLE-PERSON CENTRED SEXUALITY EDUCATION



Recognise that valuing self and valuing others are essential pillars to building satisfying and equitable relationships.



Equip young people with accurate information to make proactive and healthy choices that enhance their physical, emotional, mental, spiritual, sexual & relational wellbeing.



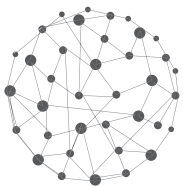
Promote empathy and relational boundaries to enable young people to communicate respectfully across personal, cultural and social differences.



Prioritise the prevention of sexual harms by building social and emotional intelligences.



Position pornography within an exploitative framework. Critical Porn Analysis allows young people to explore the mechanisms driving the porn industry and its impacts on self, others, relationships and culture.



Situate sexuality within a much larger complex model of personal identity, influenced by internal and external forces. Sexuality interacts with the other areas of personal identity such as self-esteem, self-confidence and self-expression.



Create awareness that sexual integrity is valuing, developing and expressing sexuality in ways that are non-exploitive, mutually-wanted, unifying and life enhancing. Sexual integrity is foundational to meaningful and authentic connection.



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